

DECISION-MAKER:	OVERVIEW AND SCRUTINY MANAGEMENT COMMITTEE	
SUBJECT:	CARER FRIENDLY SOUTHAMPTON – PROGRESS UPDATE	
DATE OF DECISION:	14 JULY 2022	
REPORT OF:	CLLR FIELKER - CABINET MEMBER FOR HEALTH, ADULTS AND LEISURE	
<u>CONTACT DETAILS</u>		
Executive Director	Title	Executive Director – Wellbeing (Adults & Health)
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STATEMENT OF CONFIDENTIALITY		
None		
BRIEF SUMMARY		
<p>This is an overview of the work carried out around unpaid carers since the presentation to the Overview and Scrutiny Management Committee (OSMC) on 11 November 2021.</p> <p>Two strategies, adult and young carers, have been agreed and formally signed off by Cabinet in November 2021. Action plans to support both strategies are in development. They are live working documents to show progress.</p> <p>As a result of the Inquiry and strategies a new adult and young carer service is being commissioned and will start in April 2023.</p> <p>In August 2021, the Carers Improvement Lead post was established as a fixed term contract to support development of work in this area. It has been decided to recruit to this post for a further year.</p>		
RECOMMENDATIONS:		
	(i)	That the Committee note the progress made implementing the agreed recommendations from the Carer Friendly Southampton Scrutiny Inquiry.
REASONS FOR REPORT RECOMMENDATIONS		
1.	To enable Members to hold to account the Executive with regards to the implementation of the agreed recommendations from the 2020/21 Carer Friendly Southampton Scrutiny Inquiry.	
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED		
2.	None	
DETAIL (Including consultation carried out)		

3.	On 15 th November 2021 Cabinet approved a response to the Carer Friendly Southampton Scrutiny Inquiry. The response was considered by the OSMC at its November 2021 meeting and a link to the response, and the Inquiry Final Report, is provided within the background documents section of this report.
4.	This report provides an update on progress since the November 2021 discussion.
	Adult Carers Strategy and Young Carers Strategy
5.	Following extensive input into the two draft carers strategies from stakeholders (adult carers, young carers, general public, voluntary sector organisations, health organisations) and relevant boards across the City, Cabinet approved the final carers strategies, attached as Appendices 1 and 2, at its meeting on 15 th November 2021.
	Adult Carers Action Plan & Young Carers Action Plan
6.	Action plans have been developed to track progress across both strategies. They incorporate each priority and the objectives that support the priority. They will be updated on a 6 monthly basis and reviewed by Carers Partnership Board.
7.	The Adult Carers Action Plan is attached as Appendix 3. The Young Carers Action plan detail is still being developed by Children's Services. It has taken slightly longer to ensure it is embedded in both Destination 22 pathways and Education/Social Care.
	New Carers Service
8.	Following the Inquiry and subsequent strategies, it was agreed with commissioners that the current service specification doesn't reflect the new strategies and localities ambition. The current contract finishes in March 2023, so it was agreed to commission a service that reflects the new aspirations of the strategies.
9.	Work to date to develop the new Carers Service includes: <ul style="list-style-type: none"> • Workshops to explore what a new service might look like have been held with carers and stakeholders¹ • Carers specification being drafted.
	Carers Improvement Lead
10.	Initially this role was funded via Integrated Better Care Fund monies to bring capacity into the carers work and help finalise strategies, develop the action plans and augment the areas of work that needed extra support. It has been

¹ NB: This activity correlates to:

Adult Carers Strategy priority 4 - Carers Voice and Involvement

Objective 4.4 Carers to be involved in service review and evaluation, re-design and procurement evaluation

Young Carers Strategy priority 4 - Young Carers Voice

Objective 4.1 Young Carers will be supported, and encouraged, to help change services so that they recognise, listen to and support young carers.

	agreed there is merit in continuing this role for a further year (finishing Sept 2023), particularly with the amount of work required to support the embedding of a new carers service.
11.	A job description has been agreed and advertised and interviews are scheduled for July 2022. A carer will be on the interview panel (<i>this approach correlates to Adult Carers Strategy priority 4 - Carers Voice and Involvement</i>).
	Integrated Care System (ICS)
12.	Discussion held at the South-East region of the Association of Directors of Adult Social Services (ADASS) Carer Network regarding the need for an ICS policy statement, setting out principles, delivery partnership approach needed at a local level to support carers. Andy Biddle, Director of Adult Social Care at Portsmouth City Council agreed to raise with local authority ICS leads.
13.	SE ADASS has a cross boundary agreement relating to carers. It supports carers to access universal carers services in the local authority where their cared for person lives.
	Unplanned Carers Breaks
14.	At the November OSMC meeting the Committee requested that the Cabinet Member informs the Committee when the plans for unplanned breaks for carers will be finalised.
15.	The scope of this work is far-reaching and some progress has been made, but there is still work to do to achieve a supportive system for unplanned breaks. The issues identified so far after discussion with carers, health and wider stakeholders include: <ul style="list-style-type: none"> • Too few carers are identified/or identify themselves (this is being actively addressed but has been an intransigent problem for years) • Once identified, carers often loath and/or are too frightened to prepare an emergency plan (one expressed it akin to making a will 'if I don't make a will I won't die).
16.	Following discussions with carers, developing a training programme is being explored (led by carers – who will be trained to facilitate, sitting alongside relevant professionals) called 'If Only I'd Known'. It is aimed at helping people develop an emergency plan and, where relevant, make a long-term future plan.
17.	It is likely to comprise 8 sessions, 2 hours each, every fortnight, supporting a maximum of 16 carers per course. The first 6 sessions will address the whole piece and the final two will comprise each individual being supported by social care colleagues to make their emergency/long term plans.
18.	It is still to be explored the best way of delivering these courses to suit the breadth of carers. The models being looked at include face to face; facilitated online learning; or recorded sessions for those who may prefer to do the learning themselves, with the option of support to complete the plan at the end.
19.	This will be an iterative training programme and develop as learning comes from each cohort of carers to help improve subsequent programmes. There is

	an initial funding bid for this work being made to the Integrated Better Care Fund.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
20.	In 2021/22 a budget of £100k from the Better Care Fund was agreed to support the implementation of the agreed recommendations. Additionally, the Carer Improvement Lead post was funded from Aug 2021 – Sept 2023.
<u>Property/Other</u>	
21.	N/A
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
22.	Care Act 2014 and the Children and Families Act 2014
<u>Other Legal Implications:</u>	
23.	N/A
RISK MANAGEMENT IMPLICATIONS	
24.	Progress is being reviewed on a regular basis by the Carers Partnership Board.
POLICY FRAMEWORK IMPLICATIONS	
25.	This is in accordance with Joint Health and Wellbeing Strategy (2017- 2025) and the Young Carers Strategy supports the Child Friendly City aspirations.
KEY DECISION	No
WARDS/COMMUNITIES AFFECTED:	None directly as a result of this report
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Southampton Adult Carers Strategy – 2021 to 2026
2.	Southampton Young Carers Strategy – 2021 to 2026
3.	Adult Carers Action Plan
Documents In Members' Rooms	
1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out?	No
Data Protection Impact Assessment	
Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	No
Other Background Documents	

Equality Impact Assessment and Other Background documents available for inspection at:

Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	Carer Friendly Southampton – Final report from the Scrutiny Inquiry Panel Carer Friendly Southampton
2.	Agreed Cabinet response to the Carer Friendly Southampton Inquiry – Nov 21 Appendix.pdf (southampton.gov.uk)